



St. Joseph's College for Women (A)

Gnanapuram, Visakhapatnam - 530004 (A.P)

(Affiliated to Andhra University)

Reaccredited by NAAC - ISO 9001:2015, 14001:2015 Certified

Phone Nos: 0891-2558346, 7075856500, E.mail: sjcw@stjosephsvizag.com, Web: www.stjosephscollegevisakhapatnam.ac.in

Date: 29th February 2024

To

The Principal

St. Joseph's College For Women (A)

Visakhapatnam

Sub: Request to seek Permission to organize a Five-Day Faculty Development

Program in collaboration with Skill Development Institute, Visakhapatnam

This is to bring to your kind notice that the Internal Quality Assurance Cell (IQAC) is organizing a Five-Day Faculty Development Programme on 'Team Building & Leadership' in collaboration with the Skill Development Institute, from 4th to 8th March 2024. I request you to kindly grant permission to organize the same.

Yours Sincerely

T. Bhaskar Sulli
Coordinator, IQAC

Permitted

Sr. Shyji



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1ST March 2024

CIRCULAR

This is to inform all the faculty members that the Internal Quality Assurance Cell (IQAC) is organizing a Five-Day Faculty Development Programme on 'Team Building & Leadership in collaboration with the Skill Development Institute, from the 4th to 8th of March 2024, in the Seminar Hall from 10:00 AM onwards. Please join us for an exciting journey of knowledge enhancement sessions.

Yours Sincerely

T. Bhaskar Sulli
Coordinator, IQAC

Copy to:

The Principal

Office Superintendent



St. Joseph's College For Women (Autonomous)

Visakhapatnam



**Skill Development Institute
Visakhapatnam**

In Collaboration with

Skill Development Institute

Organized

A Five-Day Faculty Development Programme

On

Team Building & Leadership

4th to 8th March 2024



St. Joseph's College for Women (A)
Visakhapatnam
in collaboration with
Skill Development Institute
Visakhapatnam



SKILL DEVELOPMENT INSTITUTE
VISAKHAPATNAM

organizes

A Five-Day Faculty Development Program
on
"Team Building & Leadership"

GUEST SPEAKER



Mr. Imtiyaz Arshad
CEO & Secretary,
Skill Development Institute,
Visakhapatnam



Date: 4th March to 8th March 2024



Timings: 10AM - 12PM



Venue: Seminar Hall

St. Joseph's College for Women (Autonomous)
Reaccredited by NAAC – ISO 9001:2015, 14001:2015 Certified
Visakhapatnam – 530004, Andhra Pradesh, India



REPORT ON THE FIVE-DAY FACULTY DEVELOPMENT PROGRAMME

“Team Building & Leadership”

The inaugural session of the programme was held on 4th March 2023 at 10 am.

The resource person/Facilitator was Mr. Imtiaz Arshad, CEO & Secretary, Skill Development Institute, Visakhapatnam.

The programme started by the address of the Principal, Dr.Sr.Shyji followed by the introduction of the resource person, address of Mr. Imtiaz Arshad, CEO & Secretary, SDI.

Leadership and team building training courses are specifically designed to improve leadership skills with the purpose of enabling agents to lead successful, high performing teams. Team building workshops are packed full of useful teamwork training exercises, tips and techniques that are essential in showing how to lead effectively. leadership and team building workshop's help to create highly productive teams and mould yourself into a great leader.

The facilitator asked the participants to discuss their short-term, long-term goals and he emphasized on that planning is essential to achieving both short- and long-term goals and future goals.

Teams or groups were created to carry out specific tasks, games where the teams were asked to discuss the competencies and were asked to reflect on the team work, leadership, strengths and weaknesses of the team. Members to explore and understand the behaviour of the team members.

The five-day faculty Development programme held on 4th,5th,6th,7th and 11th March,2024 was enriching with a number of activities and games focussing on team building and leadership strategies.

The facilitator conducted the following activities/games during the FDP.

Sl.No	Game	Competency 1	Competency 2	Competency 3	Game Description
1	Human knot	Team building,	strategic thinking	Adaptability	teams of 2 players in each will be knotted to each other with a handcuff like ropes and they've to come out of the knot without untying or damaging the ropes
2	Dice game	strategic thinking	Adaptability	Agility	2 individual players should play the dice and whoever scores the maximum no. of sixes is the winner in given time
3	Applied Improv	strategic thinking	Adaptability	Communication	A team of 2 players should discuss about the given topic for given time in front of the congregation
4	Helium Ring	Conflict handling	Team building	Strategic thinking	A team of 6-8 members with a leader should lower the ring of 6-8 hula hoops to the ground without letting anyone let of their fingers from touching the ring all the time
5	Business As Usual	Conflict handling, Leadership	Team building	Adaptability	3 teams (10-15 members in each) with each team having a leader, have to put all 30-40 balls which initially placed in the centre to one ring to win the game
6	Paper Tearing	Adaptability, Leadership	Strategic thinking	Communication	Each player has to tear the paper as it is instructed to them and it should resemble the final shape of the paper of instructor
7	Tarp Hole	Team building	prioritisation	Communication	Each team consists of 8-10 members should make the 5 different coloured balls into the same coloured holes as the balls, whoever scores more balls are the winners. Resource utilisation & strategizing by leader and team

8	Human Conveyor Belt	Coordination, Leadership	Team building	Conflict handling	Each team have to travel from point A to point B in a belt like cloth given by the instructor and whichever team reaches first is the winner. Resource utilisation & strategizing by leader and team
9	Passing the Baton	Coordination, Leadership	Team building	Strategic thinking	In each team players (each team has leader) have to pass their batons to the other person and catch the others' batons as well without letting any of those falling to the ground which will give them positive score and the highest scoring team wins
10	Baba baby ball	Agility	Conflict handling	Adaptability	Each team consists of 2 babas on either side and a baby in the center and the one left out guy (dinner) would say baba/baby/ball and the players have to move accordingly meanwhile dinner person will occupy any empty place among the teams and another left out person will do the same again, it's just an energizer
11	Win as Much as You Can	Team building, Collaboration	Strategic thinking, Leadership	Conflict handling	Each team with a leader is given X & Y to choose and scores will be according to the letters and rules given. Teams usually try to kill other teams' score in order to win but actually they can win only when they all communicate and stand on one word
12	Board Room	Conflict handling	Adaptability	Empathy	all the 5 players will be bound with a tag on them which tells the audience how to react to their speech and we can't expect everyone will react the same way to all of us we should accept the reality and adapt it

13	Petrol Pump	Conflict handling	Negotiation	Adaptability	The petrol pump owner wants to go home and close the pump and at the last moment you'd come to the spot and convince him to give petrol and the only way to convince to him is to know his problem not telling our problems alone
14	Balloon kebab	Excellence	strategic thinking	Adaptability	Each player would be given a sharp stick and a balloon and they have to blow the balloon and pierce the stick through the balloon without blowing it up
15	Hunter rabbit wall	situational leadership	strategic thinking	Team work, Coordination	it is all about strategy and observation and communication to grow in our own when we are uncertain of the other team or company. Each team has a leader who strategizes.
16	Cup Tower	situational leadership	strategic thinking, Excellence	Team work	Each team (with a leader) will be given a cup pack to build the tallest tower and team with the tallest tower wins but they will be blindfolded while building the tower
17	Keep the Balloons in the Air	Conflict handling, Leadership	Adaptability, multi-tasking	Agility	Each player should float the balloons in the air without them touching the ground until the timer stops, highest scoring team wins

While team building depends on the cooperation of all group members, the role of a leader is especially important. A good leader promotes teamwork and models ideal behaviour for the team. This individual assesses the team's abilities and draws out the group's true potential by consciously building relationships and sharpening skills. The leader creates environments in which teams can thrive.

After the five-day programme, the valedictory session was conducted on 11th March 2024 in the seminar hall, Principal Dr.Sr. Shyji, Vice principal, Sr. Hema thanked Mr. Imtiaz sir for organising this FDP programme and Dr.Harini, proposed the formal vote of thanks.

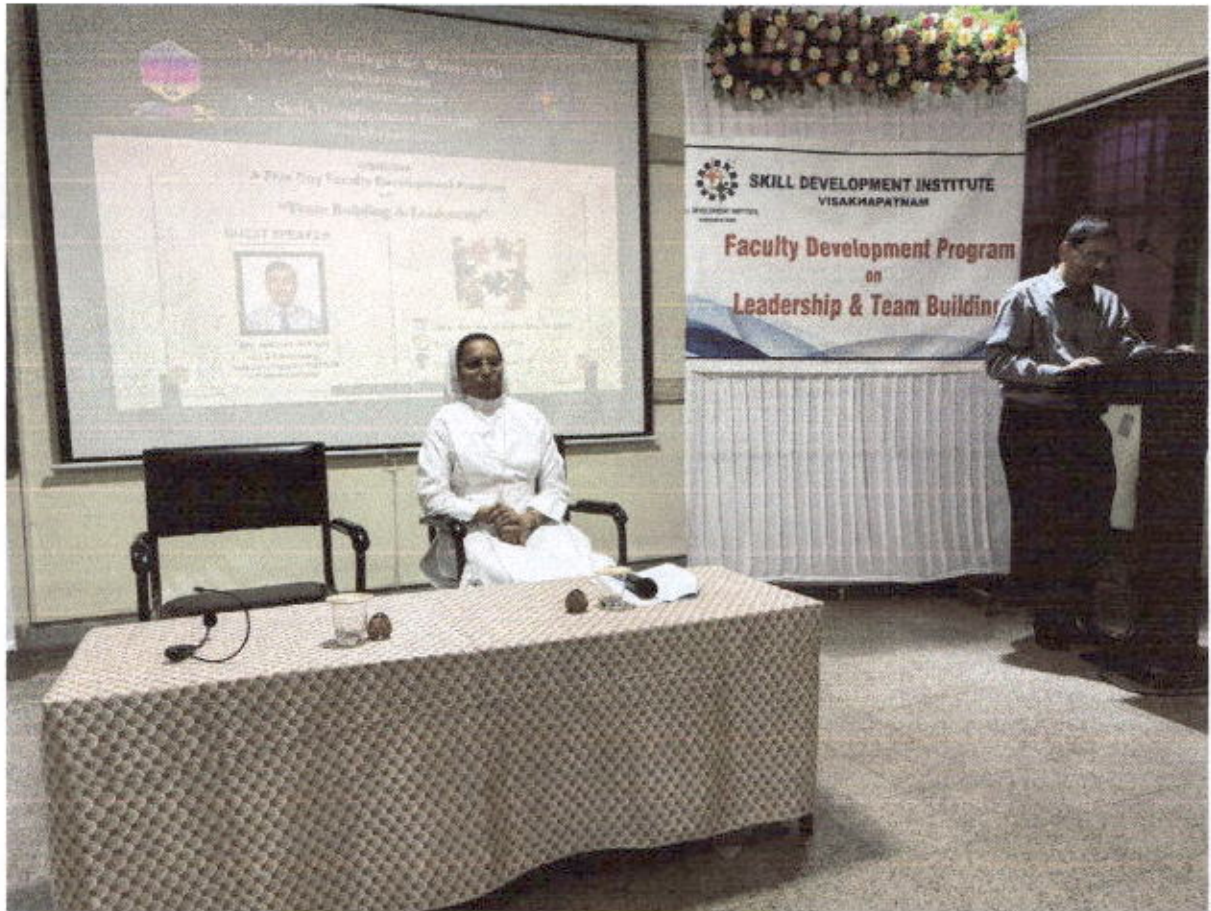
Faculty along with Mr. Imtiaz Arshad Sir, CEO, Skill Development Institute, Visakhapatnam, Principal Dr. Sr. Shyji, Vice-principal Sr. Hema & Director PG Studies, Dr. P. Aruna Devi.







*** *** ***



**St. Joseph's College for Women (Autonomous), Faculty Development Programme on
Team Building and Leadership, 4-3-2024 to 8-3-2024**

S.No	Name	Dept.	Signature
1	Dr. Sr. Shyji P.D.	Commerce and Management	Dr. Shyji
2	Sr. S. Hema	Botany	Hema
3	Dr. P. Aruna Devi	PG Director	P. Aruna
4	Dr. P. Mangaveni	CHEMISTRY	Mangaveni
5	Dr. P Mary Anupama	Biochemistry	Anupama
6	Dr. A Mousami Shankar	Bio-chemistry	Mousami
7	Dr. A. Veera Brahman	Bio-technology	Veera Brahman
8	Dr. N. Nagaraju	Botany	N. Nagaraju
9	Dr M Padma Sundari	Botany	Padma Sundari
10	Mrs. B. Madhavi	Chemistry	Madhavi
11	Mrs. V. Aswini	Chemistry	Aswini
12	Dr. D. Raga Sudha	Chemistry	Raga Sudha
13	Dr. D. Aditya Deepthi	chemistry	Aditya Deepthi
14	Dr D. Sravani	Chemistry	Sravani
15	Mrs. P. Aruna Jyothi	Chemistry	Aruna Jyothi
16	Dr L Chinnari	Chemistry	Chinnari
17	Dr. N. Jyothi	Commerce & Mangt.	Jyothi
18	Mrs. R. Pavani	Commerce & Mangt.	Pavani
19	Mrs. K. Pratyusha	Commerce & Mangt.	Pratyusha
20	Mrs. Cybil Magapu	Commerce & Mangt.	Cybil
21	Dr. P Hadassa Olive	Commerce & Mangt.	Hadassa Olive
22	Dr K Rajani	Commerce & Mangt.	K. Rajani
23	Mrs. K. Naga Sireesha	Computer Sc.	Sireesha

**St. Joseph's College for Women (Autonomous), Faculty Development Programme on
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S.No	Name	Dept.	Signature
24	Mrs. G Deepthi	Computer Sc.	G. Deepthi
25	Ms S Madhuri	Computer Sc.	S. Madhuri
26	Miss KumKum Dhara	Computer Sc.	Kumkum D
27	Mrs J Anitha Rani	Computer Sc.	J Anitha Rani
28	Dr P Ramani Latha	Economics	P. Ramani Latha
29	Ms K Vasantha Saroj Kumari	ECONOMICS	K. Vasantha
30	Dr. Nalini Dutta	English	Nalini Dutta
31	Dr. Mrs. T. Bhaskara Sudha	English	T. Bhaskara Sudha
32	Mrs. K. Pameela Rani	English	K. Pameela
33	Sunitha Choudari	Mathematics	Sunitha
34	Mrs V. Bharathi	Mathematics	Bharathi
35	Mrs. Veena Spandana	English	Veena Spandana
36	Dr G Tonia Grace	English	Tonia Grace
37	Sr. Jain Thomas	French	Jain Thomas
38	Dr. S. Deepthi (PT)	Hindi	Deepthi
39	Mrs. V. Sony	Home Sc.	Sony
40	Dr. T. Gayatri	Home Sc.	T. Gayatri
41	Mrs. N. Nivya	Home Sc.	Nivya
42	Sr. Dipali Kumari Singh	Home Sc.	Dipali
43	Ms. P. Sai Sudha	Home Sc.	Sai Sudha
44	Ms. Sunitha Choudari	Mathematics	Sunitha
45	Mrs. V. Bharathi	Mathematics	Bharathi
46	Dr. V Gowri Sankara Rao	Mathematics	Gowri

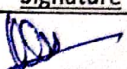
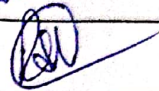
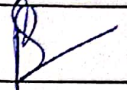
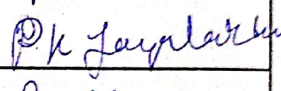
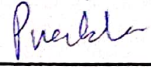
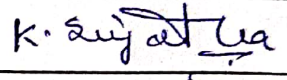
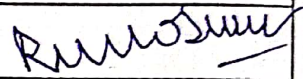
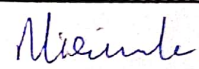
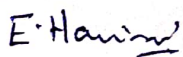
**Joseph's College for Women (Autonomous), Faculty Development Programme on
Team Building and Leadership, 4-3-2024 to 8-3-2024**

	<u>Name</u>	<u>Dept.</u>	<u>Signature</u>
	Mrs. K.Kanthi Sowjanya	Mathematics	Kanthi Sowjanya
	Mrs. G.Yojana	Mathematics	Yojana
	Mr. S.Sri Ram	Mathematics	Sri Ram
1	Mrs. A.Mary Vijaya Ratna	Physics	A. Mary Vijaya Ratna
1	Dr. G. Pavan Kumar	Physics	G. Pavan Kumar
2	Dr.Ch. Praveen Babu	Physics	Ch. Praveen Babu
33	Dr. P Padmavathi Devi	Physics	P. Padmavathi Devi
54	Mr. G Ramesh	Political Science	G. Ramesh
55	Dr. D. Rajya Lakshmi	Psychology	D. Rajya Lakshmi
56	Ms B Roopsha	Journalisam	B. Roopsha
57	Dr D Koteswara Rao	Sanskrit	D. Koteswara Rao
58	Dr K Gowri Naidu (PT)	Telugu	K. Gowri Naidu
59	Mrs.J.Pallavi Priyanka Reddy	Statistics	J. Pallavi Priyanka Reddy
60	Dr. Sneha Angajala	Zoology	Sneha Angajala
61	Dr. P.Rosina George	Zoology	P. Rosina George
62	Dr. L. Praveen Kumar	Physical Education	L. Praveen Kumar
63	Mrs. M. V. Lakshmiprasanna	Librarian	M. V. Lakshmiprasanna
64	Ms D Tejaswani	Agriculture & Rural Development	D. Tejaswani
65	Ms L Urmila	Agriculture & Rural Development	L. Urmila
66	Ms. K. Jaya Sai Deepika	Agriculture & Rural Development	K. Jaya Sai Deepika
67	Ms R Gnana Sahithi	Agriculture & Rural Development	R. Gnana Sahithi

Principal



St. Joseph's College for Women (Autonomous), Faculty Development Programme on
Team Building and Leadership, 4-3-2024 to 8-3-2024

S.No	Name	Dept.	Signature
1	Dr.K.Manikya Kumari	Botany	
2	Dr. P. Bhushanavathi	Chemistry, Controller of Examination	
3	Dr. P. Sarada	Chemistry	
4	Dr. P.K.Jayalakshmi	Hindi	
5	Dr. Y. Lakshmi Prabha	Home Sc.	
6	Capt. Dr. K. Sujatha	Mathematics	
7	Dr. K. Radha Krishna	Physics	
8	Dr. J. Nirmala	Telugu	
9	Dr. E.Harini	Zoology	



SKILL DEVELOPMENT INSTITUTE
VISAKHAPATNAM

कौशल विकास संस्थान - विशाखपट्टणम SKILL DEVELOPMENT INSTITUTE - VISAKHAPATNAM స్కిల్ డెవలప్ మెంట్ ఇన్ స్టిట్యూట్ - విశాఖపట్నం



Skill India
कौशल भारत - कुशल भारत

Admn No. 24712

Certificate

SDI / 7659

This is to certify that Mr. / Ms. Kumkum Dhara of St. Joseph's College for Women(A) has successfully completed Training in the Faculty Development Program (5 Days) course at this institute during the period from 04-03-2024 to 11-03-2024

Created By:



Signature
UMTIYAZ ARSHAD
Chief Executive Officer

Skill Development Institute, Visakhapatnam

PROMOTERS:

