**NATIONAL CADET CORPS**

**SYLLABUS**

**Objectives**

• Motivate young dynamic youth to serve the nation.

• Inculcate unity and discipline amongst citizens.

• Promote leadership and make self-reliant citizens.

• Prepare a volunteer force to participate during national disasters.

• Raise awareness to live with principles and values.

• Gain a glimpse and overview of armed forces.

• Develop a national integration.

• Create awareness about social causes and community development.

• Inculcate sportsmanship and spirit of adventure.

• Learn about road safety and traffic control

• Learn about life saving and first aid.

**Content**

**1. The training curriculum of the NCC** is primarily focused on character building, inculcating leadership qualities and skill enhancement through structured academic syllabi, practical training and opportunity for exposure/interaction beyond a cadets’ immediate environment, and thereby enabling them for a brighter and progressive future.

**2. The Aims of NCC:**

(a) To develop character, comradeship, discipline, secular outlook, spirit of

adventure and the ideals of selfless service amongst the youth of the country.

(b) To create a human resource of organized, trained and motivated youth to provide leadership in all walks of life and always available for the service of the nation.

(c) To provide a suitable environment to motivate the youth to take up a career in the Armed Forces.

**3. Conduct of NCC Training Curriculum**

**(a) Institutional Training:** Conducted in respective schools/ colleges by Associate NCC Officers (ANO), Permanent Instructional (PI) staff as part of the school curriculum.

**(b) Annual Training Camps (ATC):** To provide practical outdoor training, each NCC cadet attends 10 days camp in the second year of junior and senior division. These camps are conducted by respective NCC units.

**(c) Centrally Organized Camps (COC):** These camps are conducted at all India level, as National Integration Camps, attended by cadets from all states.

(**d) Adventure Training:** To inculcate a spirit of adventure and team work, NCC cadets undergo various adventure activities such as para jumps, para sailing, trekking, mountaineering and sailing expeditions.

**(e) Attachment Camps:** To give the cadets exposure to interact with Regular Army, Navy and Air Force units, attachment camps are conducted, where cadets are attached with these units. To motivate cadets to join the Armed Forces attachment of cadets with Indian Military Academy is also conducted.

**(f) Youth Exchange Programme (YEP):** Selected cadets also get an opportunity to visit various foreign countries as part of YEP. In one year approximately 100 cadets visit 10 -11 countries.

**(g) Social Service Activities:** The cadets also undertake various social service activities, by conduct of rallies to bring awareness and participate in various relief programmes/activities whenever called for.

**4. Trainers :** To conduct and implement the NCC training curriculum, there are three tiers of trainers.

**(a) First Tier:** Regular defence officers of the rank of Colour equitant rank in Air Force and Navy, Whole Time Lady Officers (WTLO) and Civilian Gliding Instructors (CGI).They are responsible for coordination and supervision of training and conduct of camps.

**(b) Second Tier:** Professors and teachers nominated by respective schools and colleges and trained by NCC at its NCC Officers Training Academy and on completion of Pre–Commission Course, commissioned as Associated NCC Officer (ANO) form the most important link between the cadets and NCC.

They conduct most of the theory classes of non-specialized subjects. Besides, the Pre Commission training they attend refresher courses.

**(c) Third Tier:** The Junior Commissioned Officers (JCO) and Non–Commissioned Officers (NCO) from the three services and Girl Cadet Instructors (GCI) and Ship Model Instructors (SMI) conduct the specialized training of the cadets.

**5. Eligibility for Enrolment as Cadet.**

(a) Should be a citizen of India or a subject of Nepal.

(b) Should be on the roll of the school or college which has an NCC Unit or part thereof.

(c) The cadet should be within the age as mentioned below:-

Senior Division - Should be below 26 years.

**6. NCC Syllabus:** The syllabus includes common subjects for all three wings and specialized subjects with respect to Army, Air Force and Navy. The common subjects comprise of approximately 70% and specialized service is 30% of the curriculum. Detailed syllabus is as follows:

**(i) Common Subjects (ii) Specialised Subjects**

**7.** In addition to this syllabus, cadets attend one Annual Training Camp in the second year of senior division to be eligible to appear in Part B certificate examination.

**8.** Cadets willing to pursue Part C Certificate will have to attend the third year senior division in the college.

**Evaluation System**

9. NCC presently conducts two certificate examinations; these evaluations are conducted as a written paper for theory and practical in the second and third year of senior division for Part ‘B’ and ‘C’. The setting of papers and evaluation for Part ‘ B’ examinations are done by a board of officers at NCC Group Head Quarters headed by an officer of the rank of Brigadier and Part ‘C’ Examination at NCC state Directorate level headed by an officer of the rank of Major General.

**Theory: 600 marks**

**(i) Common Subjects:** For 420 marks, **(ii) Specialised Subjects:** For 180 marks

**Practical: 200 marks**

**(i) Drill: 50 marks, (ii) Weapon Training: 50 marks, (iii) Map Reading: 50 marks**

**(iv) Field Craft & Battle Craft: 50 marks**

**\*\*\* In each subject they should get 50% for pass**

**ST JOSEPH’S COLLEGE FOR WOMEN (AUTONOMOUS),VISAKHAPATNAM**

**NATIONAL CADETS CORPS (NCC)**

**SYLLABUS**

**OBJECTIVES:**

* To reach out to the maximum youths through various institutions
* To make NCC as an important part of the society
* To teach positive thinking and attitude to the youths
* To provide an ideal platform for the youth to showcase their potential in nation building
* To reach out to the youths of friendly foreign countries through youth exchange programmes (YEP)

**COURSE CONTENT**

**UNIT-I: The NCC:** Aims and objectives of NCC, Organisation,Training and NCC song, Incentives

**UNIT-II: National Integration:** Religions, Culture, Traditions and Customs of India, National integration importance and necessity, Freedom struggle and nationalist movement in India, national interests, objectives, threats and opportunities,problems/challenges of national integration, unity in diversity, National integration council, images/slogans for national integration, contribution of youth in nation building

**UNIT-III: Drill:** Foot drill, Arms drill, ceremonial drill

**UNIT-IV: Weapon Training:** Characteristics of a rifle and its ammunition,Stripping, Assembling, Cleaning and sight setting of .22 Rifle, stripping, Assembling, care, and cleaning of 7.62 SLR, Loading, cocking, and unloading, lying position, holding and Aiming, Trigger control and Firing a shot, range Procedure safety precautions, Theory of group and snap shooting, Short range firing, Aiming, Alteration of sight

**UNIT-V: Disaster Management and Civil Affairs:** Civil defence organisation and NDMA, Types of emergencies/Natural disasters, Fire services and fire fighting, traffic control during disaster under police supervision, Essential services and their maintenance, Assistance during natural/other calamities: Flood/cyclone/earthquake/accident etc, setting up of relief camp during disaster management, collection and distribution of aid material

**UNIT-VI: Social Awareness and Community Development:** Basics of social service and its need, rural development programmes-MNREGA,SGSY,NSAP etc, NGO’s role and contribution, contribution of youth towards social welfare, family planning, Drug abuse and trafficking, causes and prevention of HIV/AIDS and role of youth, civic responsibilities, counter terrorism, corruption, social evils-female foeticide, dowry, child abuse/trafficking, RTI AND RTE, Traffic control organisation and Anti-drunken driving, Provisions of protection of children from sexual harassment act 2012

**UNIT-VII: Health and Hygiene:** Structure and functioning of the human body, Hygiene and sanitation, Physical and mental health, infectious and contagious diseases and its prevention, First aid in common medical emergencies, basics of home nursing, Treatment and care of wounds, treatment and care of fractures, Introduction to yoga exercises

**UNIT-VIII: Environment Awareness and Conservation:** Natural resources-conservation management, Water conservation and rain water harvesting, Waste management, pollution control-water, air, noise and soil, Energy conservation and Projects in India

**UNIT-IX: Adventure:** Para sailing, Slithering, Rock climbing, Cycling and Trekking

**UNIT-X: Obstacle Training:** Obstacle Training

**UNIT-XI: Personality Development and Leadership:** Introduction to personality development, Factors influencing/shaping personality : physical, social, psychological and philosophical, self-awareness-1,2,3, change your mind, international relationship and communication, Communication Skills-1,2,3, Leadership Traits, Types of Leadership, Attitude-assertiveness and Negotiation, Time management, Effects of leadership with historical examples, Stress management skills, Interview skills Conflict motives-resolution,Importance of group/team work, Influencing skills, body language, Sociability: social skills etiquettes and mannerism, values/code of ethics

**Study Material**

**(a) Textbooks**

(i) Cadet Hand Book (Common Subjects), published by DG NCC.

(ii) Cadet Hand Book (Specialized Subjects), published by DG NCC.

(iii) ANO Précis

**(b) Reference Books**

(i) Grooming Tomorrow’s Leaders, published by DG, NCC.

(ii) Youth in Action, published by DG, NCC.

(iii) The Cadet, Annual Journal of the NCC.

(iv) Précis Issued by respective Service Headquarters on specialized subject available to PI Staff

as reference material.

**Eligibility for “B” & “C” certificate Examinations:**

**Certificate B**

1. The cadet must have attended a minimum of 75% of total training periods laid down in the syllabus for the first and second years for Senior Division/Wing NCC (All Wings).
2. Break in the NCC Training Tenure of the cadet SD/ SW prior to appearing in the exam should not exceed more than 18 months at one time after his discharge to count his tenure for Certificate B Examination.
3. In case the break exceeds 18 months the following procedure will be adopted :-
   1. If he had been on the unit rolls for a minimum of two years before his discharge and had attended 75% of the total periods during his NCC Tenure he will need another 36 periods of training to become eligible to appear for Certificate B Examination.
   2. In all other cases where above conditions are not fulfilled the cadet must attend a minimum of 75% periods of the first & second years of training.
4. Must have attended one Annual Training Camp /NIC /COC / RDC / Attachment with Regular Army/Navy/Air Force.
5. Cadets possessing Certificate A will be awarded 10 bonus marks.

**Certificate C**

1. The cadet must be in possession of Certificate B.
2. The cadet must be in third year of Senior Division/Senior Wing NCC Training.
3. The cadet must have attended a minimum of 75% of the periods of 3rdyear syllabus during the academic session.
4. Break in the NCC Training Tenure of the cadet SD/SW prior to appearing in the Exam should not exceed more than 18 months at one time after his discharge to count his previous tenure for Certificate C examination.
5. In case the break exceeds 18 months the following procedure will be adopted:-
   1. If he had been on the unit rolls for a minimum of two years before his discharge and attended 75% of the total period during his NCC Tenure he will need another 30 periods of training to become eligible for Certificate C examination.
   2. In other cases where above conditions are not fulfilled, the cadet must attend a minimum of 75% periods of the third year of training.
6. Must have attended one ATC and in addition  one of the following in a three year tenure:-
   1. Annual Training Camp (This is in addition to one mentioned above).
   2. Republic Day Camp at Delhi (RDC).
   3. Centrally Organized Camp (COC). Ordered by HQ DGNCC
   4. Para Training Camp (PTC).
   5. National Integration Camp (NIC) (When applicable for SD/ SW Cadets).
   6. All India Trekking Expedition (HQ DGNCC Organized).
   7. All India Mountaineering Expedition (HQ DGNCC       Organized).
   8. Attachment Training with any one of the following:-
      1. Army Unit.
      2. Air Force Station.
      3. Naval Base/ Establishment/ Ship/ Sea Training.
      4. Service Hospital.
   9. Any one of the following Adventure Courses:-
      1. Mountaineering Basic Course.
      2. Mountaineering Advance Course.
      3. Water Skiing/Snow Skiing Courses.
      4. Snow & Ice (Condensed) Course.
   10. Sailing expedition with actual sailing exceeding 10 days, duly approved by HQ DGNCC.
   11. Participated in NRAI matches as part of HQ DGNCC/Directorate team.
   12. Scuba Diving Course.
   13. Youth Exchange Programme.
   14. Foreign cruise (Navy or Coast Guard).
7. Cadets will be allowed to appear for Certificate C examination only after one year of passing Certificate B examination.
8. Air Wing Cadets should have flown minimum four Sorties in Micro light air craft.