ST. JOSEPH’S COLLEGE FOR WOMEN (AUTONOMOUS) VISAKHAPATNAM

III SEMESTER   **HOME SCIENCE** TIME:2HRS/WEEK

HS 3451(2) **EXTENSION EDUCATION AND COMMUNITY DEVELOPMENT** MARKS:50w.e.f 2024-2025 (23AK Batch) **PRACTICAL** **SYLLABUS**

**PRACTICAL**

1. Plan an activity to create awareness among women and children of community surveyed according to their needs and interests - Lecture cum group discussion

2. Field Visits – Mandal Office, ICDS, Mahila Pranganam, PASS organization

3. Community development – Need based group project work.

4. Field Visit to Voluntary Organizations to know functioning

5. Interaction with village level functionaries to understand issues at grassroot level.

6. Interaction with women self- helps group leaders/ members to know the impact of welfare programmes.

7. Field visit to a tribal area to know their issues(optional)

**REFERENCES**

1. A guide book for Anganwadi workers. Published by the department of women & child development. Ministry of Human resource development. Government of India.

2. Doshi, S.L. (2007). Rural Sociology. Delhi Rawat Publishers

3. Dahama.O.P .( 1981). Extension and Rural welfare, Ram Prasad and Sons Agra Bhopal.

4. Indhubala9 1980), Gruhavignasastravistarana , Telugu academy text book publications

5. Adivi Reddy (1985). ExtensionEducation, Sreelakshmi press, Bapatla,

6. Dubey,V.K.. (2009). Extension Education & Communication, New Age International Ltd

7. Sanths Govind, G. Tamliselvi And J. Meenainbigai. (2011). Extension Education and Rural Development .Agroblos (India) Chopasani Road Jodhpur- 342002 (Raj.)

**CO- CURRICULAR ACTIVITIES**

1. Prepare a model lesson plan to create awareness among women and children in the community surveyed.

2. Execute the lessons in the community.

3. Prepare a model/ method demonstration to educate the women on nutritious locally available foods and demonstrate in the community.

4. Visit to the ICDS office to acquaint with the services rendered and submit the report.

5. Visit to local NGO (Eg: PASS) organization to know the functions.

6. Visit to KVK, Mahila praganam to have awareness on different training programs given by the Government to the needy women.

7. Plan, organize and execute awareness program in the community at the end of the SEMESTER on nutrition, environment, energy conservation and health education.

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