ST. JOSEPH’S COLLEGE FOR WOMEN (AUTONOMOUS) VISAKHAPATNAM

III SEMESTER   **HOME SCIENCE** TIME:2HRS/WEEK

HS 3251(2) **LIFE SPAN DEVELOPMENT**  MARKS:50

w.e.f 2024-2025 (23AK Batch) **PRACTICAL** **SYLLABUS**

1. Observation of characteristics of an infant

2. Observation of different Developments of pre-school children –

-Physical development

-Language development

-Concept development.

3. Assessment of social Development among elementary school children

4. Study of adolescent adjustment problems

5. Case study of man and woman during Middle adulthood

6. Case study of elderly man and woman.

**REFERENCES**

1.Berk, L. E. (2007). Child Development. Prentice-Hall of India Pvt.Ltd, New Delhi.

2. Feldman, R.S. (2011).Understanding Psychology, Tenth Edition, Tata MC Graw Hill Education Private Limited, McGraw- Hill, New Delhi.

3. Hurlock – E.B. (1990) Child Development, Tata McGraw Hill Company Ltd, New York. McGraw- Hill, New Delhi.

4. Santrock, J. W. (2013). Child Development. Tata McGraw Hill Company Ltd, New Delhi.

5. Singh, A.(2015). Foundations of Human Development: A life span approach, 1st edition Orient Black Swan Pvt. Ltd., New Delhi.

**CO-CURRICULAR ACTIVITIES**

1. Observation of neonatal characteristics by visiting a maternity hospital.

2. Observation of a pre-school child

3. Visit to Old age home

4. Celebration of Important Days (National and International): -

● International day of elderly-October 1st

● Children’s Day ( Nov 14th )

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