ST. JOSEPH’S COLLEGE FOR WOMEN (A), VISAKHAPATNAM

IV SEMESTER **PSYCHOLOGY** TIME: 5HRS/WEEK

PSY 4604 (4) **ABNORMAL PSYCHOLOGY** MAX.MARKS:100

w.e.f. Academic Year 2021-22 **SYLLABUS**

**OBJECTIVES:**

**COURSE OUTCOMES:**

CO1:Become acquainted with the concepts, trends, and perspectives in psychopathology.

CO2: Understand the classification and diagnostic system of DSM 5

CO3: Demonstrate knowledge of etiological factors of disorders.

CO4: Illustrate understanding of symptoms of epidemiology of disorders.

CO5:Establish comprehension and application of therapeutic modalities for psychopathology.

**I.UNIT- INTRODUCTION**

1. Concept of Abnormal Behavior and Criteria for Determining Abnormality.
2. Historical Background of Abnormality.
3. Approaches to Psychopathology- Psycho Dynamic, Behavioral, Cognitive, Behavioral, Existential and Biological.

**II.UNIT- CAUSES AND DIAGNOSIS OF ABNORMAL BEHAVIOR**

1. Biological, Psychological and Socio-Cultural; Critical Evaluation of These Causes.
2. Current Diagnostic Systems: Introduction to the International Classification of Diseases (ICD- 10) and Diagnostic & Statistical Manual of Mental Disorders (DSM-5).

**III. UNIT – NEURO DEVELOPMENTAL DISORDERS**

1. Intellectual Disabilities, Communication Disorders, Autism Spectrum Disorder, Attention Deficit/Hyper Activity Disorder.
2. Specific Learning Disorder. Motor Disorder,Tic Disorder.
3. Other Neuro Developmental Disorders.

**IV. SCHIZOPHRENIA SPECTRUM AND OTHER PSYCHOTECH DISORDERS**

1. Psychosis (Psychotic Disorder)
2. Schizophrenia
3. Schizo Typal (Personality) Disorder

**V.UNIT – FEEDING AND EATING DISORDERS**

1. Pica/Rumination Disorder, Avoidant/Restrictive Food Intake Disorder
2. Anerexa Nervosa/Bulimia Nervosa, Binge – Eating Disorder
3. Other Specified Feeding or Eating Disorder,Unspecified Feeding and Eating Disorder.

**REFERENCES:**

1. Comer, R. J. (2015). Abnormal psychology. New York: Worth publishers.
2. Carson, R. C., Butcher, J. N., Mineka, S., & Hooley, J. M. (2013). Abnormal psychology (15th Ed.). New York: Harper Collins.
3. Diagnostic and Statistical Manual of Mental Disorders. (2013). Washington, D.C.
4. Nevid, J., Rathus, S., & Greene, B. (2014). Abnormal psychology in a changing world. Upper Saddle River, NJ: Pearson Prentice Hall.
5. The ICD-10 Classification of Mental and Behavioural Disorders, (1992). Geneva.

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**ABNORMAL PSYCHOLOGY PRACTICALS**

**FIVE EXPERIMENTS TO BE CONDUCTED FROM THE FOLLOWING**

* 1. Aggression Scale
  2. Depression Questionnaire
  3. Problem Check List
  4. Security- Insecurity Scale
  5. Neuroticism
  6. Anxiety
  7. Stressful life events Scale
  8. Any other relevant experiment

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