# ST. JOSEPH’S COLLEGE FOR WOMEN (AUTONOMOUS) VISAKHAPATNAM

# I SEMESTER LIFE SKILL COURSE Time:2hrs/wk

LS 1001(2)   **LEADERSHIP SKILLS** Marks:50

w.e.f AK - 2023-2024 (Admitted batch)

**Learning Outcomes: By successful completion of the course, students will be able to:**

1. Develop comprehensive understanding of personality

2. Know how to assess and enhance one’s own personality

3. Comprehend leadership qualities and their importance

4. Understand how to develop leadership qualities

**SYLLABUS:**

**UNIT–I:** Meaning of Personality – Explanations of Human Personality – Psychodynamic Explanations – Social Cognitive Explanation – Big Five traits of Personality

**UNIT– II:** Assessment of Personality - Projective& Self Report Techniques - Building Self Confidence – Enhancing Personality Skills

**UNIT – III:** Leadership Characteristics – Types of Leaders – Importance of Leadership – Leadership Skills – Building and Leading Efficient Teams – Leadership Qualities of Abraham Lincoln, mahatma Gandhi, Prakasam Pantulu, Dr. B. R. Ambedkar & J.R.D.Tata

**CO-CURRICULAR ACTIVITIES SUGGESTED:** 1. Assignments, Group discussions, Quiz etc., 2. Invited Lecture by a local expert 3. Case Studies (ex., on students behavior, local leaders etc.)

**Reference Books:**

1. Girish Batra, Experiments in Leadership, Chennai: Notion Press, 2018

2. Mitesh Khatri, Awaken the Leader in You, Mumbai: Jaico Publishing House, 2013

3. Carnegie Dale, Become an Effective Leader, New Delhi: Amaryllis, 2012

4. Hall, C.S., Lindzey. G. & Campbell, J.B Theories of Personality. John Wiley & Sons,1998

\*\* \*\* \*\*