ST.JOSEPH’S COLLEGE FOR WOMEN (AUTONOMOUS), VISAKHAPATNAM

III SEMESTER **HOMESCIENCE** TIME: 4HRS&2HRS/WEEK

HS 3103 (3) & HS 3153(2) **CHILD DEVELOPMENT (Th&Pr)** MARKS:100&50

w.e.f. 2020 –2021(“20AH”)  **SYLLABUS**

**Outcomes of the course:**

The students will be able to:

* 1. **Remember and explain in a systematic way**
     + Scientific knowledge about child-development, and Developmental tasks at various stages of child development.
     + The childhood problems, special needs of challenged children and their management.
  2. **Understand and Use**
     + Understand the stages of pregnancy and birth process.
     + Use basic principles for assessment of various developments during childhood.
  3. **Critically explains, judges**
     + The developmental milestones and can identify developmental delays.
     + About parenting styles adopted by parents and impact of different parenting styles on child’s behaviour.
  4. **Working in out of prescribed areas under co-curricular activity**
     + Observation of neonatal characteristics by visiting a maternity hospital.
     + Familiarise with childhood disabilities by visiting local centres for special children.
  5. **Practical skills**
  + Assessment of different developments like physical, social and cognitive development of children belonging to different age groups.
  + Learn the method of assessment of behaviour problems among children using a check list.

**THEORY**

**UNIT - I: INTRODUCTION TO GROWTH AND DEVELOPMENT**

* + Understanding the terms Child, Growth, Development, Child Development, Human Development, and Developmental tasks.
  + Principles of Child Development and Factors influencing growth and Development of Children.
  + Determinants of Development - Heredity Vs Environment - Maturation Vs Learning
  + Stages of Development across life span

**UNIT – II: PRE-NATAL AND EARLY YEARS OF DEVELOPMENT**

* + Stages of Pre-natal development - Physical and Psychological care during pregnancy- - Complications during pregnancy.
  + Stages of birth and Types of Birth
  + Infancy – Characteristics -Physical proportions, Physiological functions, Motor activities.
  + Babyhood – Developmental Tasks and Characteristics, Physical-motor development, Cognitive development – Piaget’s Sensory motor stage, Language, Socio-emotional development.

**UNIT – III: DEVELOPMENT DURING EARLY CHILDHOOD**

* + Early Childhood Period –Characteristics -Physical, Emotional, Social and Cognitive development - Piaget’s Pre-operational stage. Importance of play and types of play. Social stages in play.

**UNIT – IV: DEVELOPMENT DURING LATE CHILDHOOD**

* + Late Childhood Period – Characteristics, Physical, Emotional, Social and Cognitive development- Piaget’s Concrete-operational stage.

**UNIT – V: CHILD REARING PRACTICES AND BEHAVIOR PROBLEMS AMONG CHILDREN**

* + Parenting Styles –Authoritarian, Authoritative and Permissive styles, Influence of child rearing practices on child’s Behavior.
  + Behavioral Problems – Definition, Common Behaviour problems - Thumb sucking, enuresis, temper tantrums, destructiveness - Early identification and Referral.Juvenile delinquency – Definition and Causative factors

**PRACTICALS:**

* 1. Observation of characteristics of an infant
  2. Observation of different Developments of pre-school children – Physical, language, Concept development
  3. Assessment of social Development among elementary school children
  4. Visit to local Special schools for children with disabilities - Taking Case studies
  5. Identification of Children with Behaviour problems using a Check List

**REFERENCES:**

* 1. Berk, L. E. (2007). Child Development. Prentice-Hall of India Pvt. Ltd, New Delhi.
  2. Feldman, R.S. (2011).Understanding Psychology, Tenth Edition, Tata MCGraw Hill Education Private Limited, McGraw- Hill, New Delhi.
  3. Hallahan, D.P. and Kauffman, J.M. (1991). Introduction to exceptional children. 5th ed. Allyn and Bacon, Boston.
  4. Hurlock – E.B. (1990) Child Development, Tata McGraw Hill Company Ltd, New York. McGraw- Hill, New Delhi.
  5. Rozario, J. and Karanth, P. (2003). Learning disability in India. Sage publication, New Delhi.
  6. Santrock, J. W. (2013). Child Development.Tata McGraw Hill Company Ltd, New Delhi.
  7. Singh, A. ( 2015). Foundations of Human Development: A life span approach, 1st edition Orient Black Swan Pvt. Ltd., New Delhi.
  8. Prasad, J. and Prakash, R. (1996). Education of handicapped children, problems and solution. Kanishka publication distribution. New Delhi.

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