ST.JOSEPH’S COLLEGE FOR WOMEN (AUTONOMOUS) VISAKHAPATNAM

III SEMESTERS **LIFE SKILL COURSE**  TIME: 2HRS/WEEK

PEL 3001 (2) **PERSONALITY ENHANCEMENT & LEADERSHIP** MARKS: 50

(w.e.f :2019-2020 -‘19AG’)  **SYLLABUS**

**LEARNINGOUTCOMES:**

By successful completion of the course, students will be able to:

1. Developcomprehensiveunderstandingof personality
2. Knowhowtoassessandenhanceone’sownpersonality
3. Comprehendleadershipqualitiesandtheirimportance
4. Understand how to develop leadership qualities

**SYLLABUS:**

**UNIT–I:** (7hrs)

Meaning of Personality–Explanations of Human Personality–Psychodynamic Explanations–Social Cognitive Explanation – Big Five traits of Personality

**UNIT–II:** (8 hrs)

Assessment of Personality–Projective &Self Report Techniques-Building Self-Confidence– Enhancing Personality Skills

**UNIT–III:** (10hrs)

LeadershipCharacteristics–Types of Leaders–Importance of Leadership–Leadership Skills – Building and Leading Efficient Teams – Leadership Qualities of Abraham Lincoln, Mahatma Gandhi, Prakasam Pantulu, Dr. B. R. Ambedkar & J.R.D. Tata

**CO-CURRICULAR ACTIVITIES SUGGESTED:** (05hrs)

1. Assignements, Group discussions, Quiz etc
2. Invited Lecture by a local expert
3. Case Studies (ex., on students’ behavior, local leaders etc.)

**REFERENCE BOOKS:**

* GirishBatra,Experimentsin Leadership,Chennai:NotionPress,2018
* Mitesh Khatri, Awaken the Leader in You, Mumbai:JaicoPublishingHouse,2013
* CarnegieDale,BecomeanEffectiveLeader,NewDelhi:Amaryllis,2012
* Hall,C.S.,Lindzey.G.&Campbell,J.BTheoriesofPersonality.JohnWiley&Sons,1998

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