**ST.JOSEPH’S COLLEGE FOR WOMEN (AUTONOMOUS), VISAKHAPATNAM**

**Time: 4 Hrs/Week FOOD & NUTRITION SECURITY Max. Marks: 100**

**Objectives:** To enable the student to understand –

1. The food and nutrition situation in India.
2. The strategies to develop food and nutrition security in the country.

**Course:**

**Unit I:** Concept of food and nutrition security, definition, assessing methods etc.

**Unit II:** Current food and nutritional situation in India – food availability, purchasing power etc.

**Unit III:** Factors influencing food and nutrition security.

**Unit IV:** Government systems in existence to maintain food and nutrition security in the

country.

**Unit V:** Comparison of Indian systems of food and nutrition security with other

countries.

**References:**

1. Gopalan C and Vijayaraghavan K (1971) Nutrition Atlas of India, NIN, Hyderabad.
2. Park J.E. and Park K.(1986) Text book of preventive and social medicine, Banarasidas Bhanot, Jabalpur.
3. Combating Under nutrition – Basic issues and practical approach. Special Publication series Np.3 (1987) NFI, New Delhi

**ST.JOSEPH’S COLLEGE FOR WOMEN (AUTONOMOUS), VISAKHAPATNAM**

**Time: 2 Hrs/Week FOOD & NUTRITION SECURITY Max. Marks: 50**

**PRACTICALS**

**Objectives:** To enable the student to learn the food and nutrition security assessment.

**Course:**

**Unit I:** Study the current models in existence for maintaining food and nutrition security.

**Unit II:** Review the literature to study the food and nutrition situation in India.

**Unit III:** Conduct nutrition survey to assess the situation in rural and urban areas.

**Unit IV:** Prepare a report summarizing the student’s knowledge.

**References:**

1. Gopalan C and Vijayaraghavan K (1971) Nutrition Atlas of India, NIN, Hyderabad.
2. Park J.E. and Park K.(1986) Text book of preventive and social medicine, Banarasidas Bhanot, Jabalpur.
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