

St. Joseph's College For Women (Autonomous) Visakhapatnam - 530004

(NAAC Reaccredited & ISO 9001:2015, 14001:2015 Certified)



Additional Information

5.4.2: Alumni contribute and engage significantly to the development of the institution through academic and other support system

Annual Alumni Reunion: A Celebration of Gratitude and Inspiration:



Alumnae Reunion - 2022 DECEMBER

SATURDAY 10

AT 9AM

2022

DRESS CODE: "Shades of Blue"

LET'S REUNITE, RELIVE & REJOICE!







Alumnae Association



Event Organisers

SJC Alumnae











Meet Our Stars





Usha Lamba (1970-73 B.Sc. H.Sc.) Former Principal, Pathways School, Noida



N. Lakshmi (1978-81 B.Sc. H.Sc.) Director, Peace India Ltd.



Sheila Jackson (1985 B.A.) Director, Olivet High School, Visakhapatnam



Nadella Prasanthi (1987-89 Inter Bi.P.C.) Occupational Therapist, Texas, U.S.A.



Geraldine Caszo (1988-91 B.Sc. CBZ) Sr. Data and AI Cloud Solutions, Microsoft, Massachusetts, U.S.A.



Vijaya Rudraraju (1988-91 B.Sc. CBZ) Principal & Professor, Apollo Institute of Hospital Administration, Hyder



Manisha Bhattacharya (1989-94 batch) Managing Director- Sales Excellence Accenture, Bengaluru



Sriranga Latha Pilla (1990-93 B.Sc. CBZ)
Product Manager,
Perficient Inc., Missouri, U.S.A.



Jyotsna Sreenath (1990-93 B.A. EPP)
Consultant Trainer (English Language & Soft Skills)
Wissen Infotech, Hyderabad



Jay Polaki (1993-96 B.A.) Founder & CEO, HR Geckos, Washington



Meet Our Stars





Voleti Sheela Ramani (1994-97 B.Sc. MPC) Snr. Geophysicist, ADNOC, Abu Dhabi

Voleti Padmaja (1994-97 B.Sc. MPC) Associate Consultant, TCS, Hyderabad



Resham Gupta (2000-02 B.A.) Flight Attendant, Virgin Atlantic Airlines, U.K.



Rinimol M.R. (2001-03 batch) Vice President-Human Resources, The One Accountant, Dubai



Sushma E. (2001-04 B.Sc. Com.Sc.)
Deputy General Manager-Operations,
Madras Medical Mission, Chennai



Farzana Begum (2001-04 batch)
Founder & Fitness Coach,
Fit with Fab (first women-only gym), Visakhapatnam



Sudha Madhuri Yeluri (2001-04 B.A.) Head-Delivery & Account Management, idhees Techno Consulting Pvt. Ltd., Hyderabad



Satya Kandala (2006-09 B.A. EPJ)
Investment Writer,
John Hancock Investment Management, Boston, U.S.A

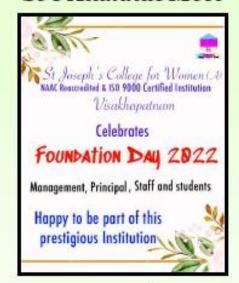


Supriya Kumari (2012-15 B.Sc. CBZ) MBBS, Nepal



Shubhankee R. (2012-15 B.A. EPJ) Correspondent, Times of India, Visakhapatnam

SJC Alumnae Meet





Department of Commerce & Management



Department of Chemistry





Department of Home Science





Department of Biochemistry & Biotechnology







Department of Zoology



Meet Our Stars





Ms. J Gowri Devi (2000-03 B.A. HEO), Chief Manager, Canara Bank, Vijayawada



Dr. Georgitta Valiyamattam
(2006-09 B.A.),
Postdoctoral Scholar,
Center for Neuroscience,
Indian Institute of Science (IISC),
Bengaluru;
Fulbright-Nehru Doctoral
Scholar, Purdue University,
Indiana, U.S.



Ms. G. Swarna Sunanda

(1999-02 B.Sc. MPCs),

Chief Manager-Training,

Air India Express;

Air Traffic Control Officer,

Indian Navy

Ms. Prerna Yadav (2011-14 B.A. EPJ), Founder & Counselling Psychologist, Raah: The Guided Path, Mumbai



Ms. Sona Kumari (2013-2016 B.Sc. CBZ), Probationary Officer, State Bank of India Odisha



Ms. G. Amrutha (2015-18 B.A. EPJ), Assistant Professor, St. Francis College, Hyderabad



Ms. Renu Yadav (2015-18 B.A. EPO), Air Traffic Control Officer, Jodhpur



Ms. S. Sasmita Dash
(2015-18 B.Sc. CBZ),
Cleared CSIR NET-2020 for
Lectureship/Assistant Professor
with All India Rank 43;
Currently a Junior Research
Fellow at NIMHANS,
Bengaluru



Ms. Roopsha Bhattacharjee (2016-19 B.A. EPJ), Media & Communications Officer, Indian Institute of Management (IIM), Vizag



Meet Our Stars





Dr. Viji Susarla (1975-78 B.A.), Founder & Clinical Psychologist, Self-Improvement Through Awareness (SITA), Chicago



Dr. Uma Marthi (1978-81 B.Sc. CBZ), General Practitioner with special interest in Women's Health, Manchester, U.K.



Dr. Malathy Rao (1978-81 B.Sc. H.Sc.), Owner & Veterinarian, Park View Veterinary Hospital, New Jersey



Ms. Padma Dittakavi (1985-88 B.A.), Public Relations Officer, Gayatri Vidya Parishad, Vizag



Ms. Sridevi Jasti (1986-88 batch), Managing Director, Holistic Nutritionist Vibrant Living Pvt. Ltd., Hyderabad



Ms. Eshwari Nalanagula (1988-91 B.A. EPO), Airhostess, American Airlines



Ms. Pavani Kanukollu (1991-94 B.A.), Manager, Learning & Development, Subject Matter Expert, EduBridge Learning Pvt. Ltd., Bengaluru



Ms. Nisha Samuel (1993-96 B.A.), Head, Human Resources, Clariant, Mumbai



Ms. Rama Devi Sangu (1994-97 B.Sc.), Chief Information Security Officer, Hindustan Zinc, Udaipur

Resource Talks & Workshops By SJCW Alumni

St. Joseph's College for Women (Autonomous) Visakhapatnam Internal Quality Assurance Cell

GUEST LECTURE / INVITED RESOURCE TALK

Department: Women Empowerment Cell

Class/ Target audience

III Degree

Name, Designation, and Professional Details of the Resource Person:

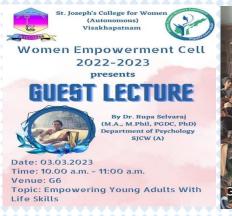
Dr. Rupa Selvaraj Assistant Professor Department of Psychology

TOPIC

Empowering Young Adults with Life Skills

Synopsis of the Resource Talk

Women's Empowerment Cell 2022-23 has organized a Guest Lecture delivered by Dr. Rupa Selvaraj, a remarkable teacher, counselor, and consultant psychologist. Dr. Rupa has been awarded the M.A., M.Phil., PGDC, and Ph.D. degrees from Andhra University, Visakhapatnam. She has also been a resource person for numerous workshops and seminars. She is an Assistant Professor in the Department of Psychology, SJCW(A). The session focused on various skill sets teenagers and young adults should develop to get through tasks in our daily lives, both personal and professional, effectively, and efficiently. These include Self-Awareness, Communication Skills, Decision Making, Critical Thinking, Creativity, Leadership, Problem-Solving and more. There was a special emphasis on Emotional Intelligence, Empathy, and Emotional Quotient (EQ). The importance of harboring such skill sets is illustrated. Having realistic and attainable goals, taking calculated risks, being up to date with recent trends and research findings, and taking responsibility for the freedom given are a few of the practices highly encouraged in this session. It has been an interactive session boosting confidence among students.





GUEST LECTURE / INVITED RESOURCE TALK

Department: English	Date:10.8.2022	
Class/ Target audience	II DEGREE EPO, EPJM, EEP	
Name, Designation, and Professional Details of the Resource Person:		
Dr. Y. Lakshmi Prabha, HOD of Home Science, St. Joseph's College for Women.		

TOPIC - Personal Hygiene

Synopsis of the Resource Talk

• Good hygiene is important for teenage health and confidence. Basic hygiene is washing your hands, cleaning your body and teeth, and covering your mouth when coughing. Teenage hygiene also involves periods, body odor, shaving, and more. Three main physical changes come with adolescence: The growth spurt (an early sign of maturation); Primary sex characteristics (changes in the organs directly related to reproduction); Secondary sex characteristics (bodily signs of sexual maturity that do not directly involve reproductive organs over the course of the second decade, adolescents develop stronger reasoning skills, logical and moral thinking, and become more capable of abstract thinking and making rational judgments.



GUEST LECTURE / INVITED RESOURCE TALK

Department:	Home Science	Date: 05-02-2022

Class/ Target audience III Degree

Name, Designation, and Professional Details of the Resource Person:

Mrs. P. Usha Gajpatiraju, Consultant Dietitian, a Vegetable Gardening Trainer

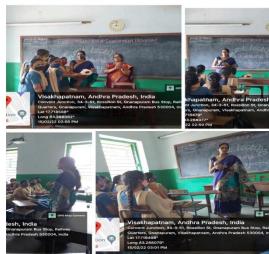
TOPIC

Guest lecture on Entrepreneurship-Challenges-

Synopsis of the Resource Talk

A Guest Lecture was arranged for 3rd year Home Science students on the Entrepreneurship development program by Mrs. P. Usha Gajpatiraju, a consultant dietitian, a vegetable gardening trainer. She is a Leading consultant in the city dealing with more than 50,000 patients bit including obesity, diabetes, oncology renal gastroenterology, cardiology, and formula feeds for patients. She is motivated and inspired by taking on incredible challenges and projects. Firstly, she started her career by treating a 9-year-old boy who had burnt his body 35% he was given tube feeding. Secondly, she started an NGO for childhood diabetes and now she has 450 children in her NGO. She has all the necessary equipment and medications and Annual checkups for free. Thirdly she has started urban eco farms that provide pesticide-free food to the people of Vizag under a subscription model. Her success mantra was to manage time properly not to get deterred by other people's judgment and to be involved in whatever she takes up personally.





GUEST LECTURE / INVITED RESOURCE TALK

Department: Home Science Date: 10-03-2022

Class/ Target audience III Degree

Name, Designation, and Professional Details of the Resource Person:

Mrs. Rachana, Entrepreneur

TOPIC

One Day Workshop on Paper Flowers

Synopsis of the Resource Talk

Craft is the vehicle for expressing your vision. The students of 3rd B.Sc. Home Science had a workshop on 10th March 2022. On making paper flowers. The expert for the workshop was G. Rachana, who is a successful entrepreneur in creative arts and crafts. She is also associated with many prestigious organizations. In a short period, students were taught four kinds of flowers. Students had a great experience and found the activity very engaging and stress-busting.





GUEST LECTURE / INVITED RESOURCE TALK

	Department: Psychology		Date:06-02-2021.
+++4	Class/ Target audience	I BA	

Name, Designation, and Professional Details of the Resource Person:

Prerna Yadav - Counselling Psychologist, Programme Officer- Field Action

Project

TOPIC: Understanding Mental Health from a Psychosocial Perspective.

Synopsis of the Resource Talk

The session aimed to create an awareness about mental health and well-being and how psychosocial factors namely, physical health, interpersonal and social relationships, disability, identities like caste, religion, gender, and sexual orientation, and socio-cultural factors can have an impact on an individual's mental health. Mental health is not a binary concept i.e. one is not either mentally healthy or ill. Mental health falls on a continuum, ranging from excellent mental health to severe symptoms of distress (WHO). Further into the session, an activity called 'Privilege walk' was facilitated to create sensitivity towards factors affecting mental health and well-being. Students were introduced to the concept of intersectionality. Intersectionality is defined as 'the interconnected nature of social categorizations such as race, class, and gender, regarded as creating overlapping and interdependent systems of discrimination or disadvantage'(Oxford Dictionary). It was discussed how discrimination, social isolation, and lack of access to equal spaces and opportunities could contribute to poor mental health and that a mental health professional must take cognizance of these factors while offering support.



GUEST LECTURE / INVITED RESOURCE TALK

Department: English		Date: 17-12-2019
Class/ Target audience	II BA	
Name, Designation, and Profe	essional Details of the Resource	ce Person:

Ms. VijayaShree Suryadevara, CEO, Career Waze US

TOPIC

Motivational Talk on You too can become an Entrepreneur

Synopsis of the Resource Talk

Who is an Entrepreneur and how to become an Entrepreneur, success stories of women entrepreneurs. Some individuals view entrepreneurship as a calling rather than a lifestyle choice. They have a vision for what they want the world to be like and are determined to see it through, regardless of challenges. For some entrepreneurs, leaving a lasting legacy is their aim. Many enter entrepreneurship seeking real wealth beyond a nine-to-five job. Successful concepts attract investors, accelerating wealth accumulation.



GUEST LECTURE / INVITED RESOURCE TALK

Department: English

Class/ Target audience

III BA.

Name, Designation, and Professional Details of the Resource Person:

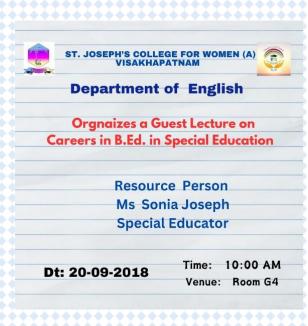
Ms. Sonia Joseph, Special Educator

TOPIC

Careers in B.Ed. Special Education

Synopsis of the Resource Talk

Pursuing a B.Ed. in Special Education opens up various career opportunities. Let's explore some of the roles and prospects for graduates in this field: Inclusion Teacher: Inclusion teachers work in regular classrooms, ensuring that students with disabilities receive appropriate support and accommodations. They collaborate with other educators to create an inclusive learning environment. Special Education Teacher: Special education teachers work directly with students who have disabilities. They develop individualized education plans (IEPs) and adapt teaching methods to meet each student's needs.





GUEST LECTURE / INVITED RESOURCE TALK

Department: English	Date:23.12.2021		
Class/ Target audience	II Degree General English Students		
Name, Designation, and Professional Details of the Resource Person:			
Miss. Alekhya Vegi, English Faculty and HR of PEN Schools, Visakhapatnam.			

TOPIC-Connect The Dots

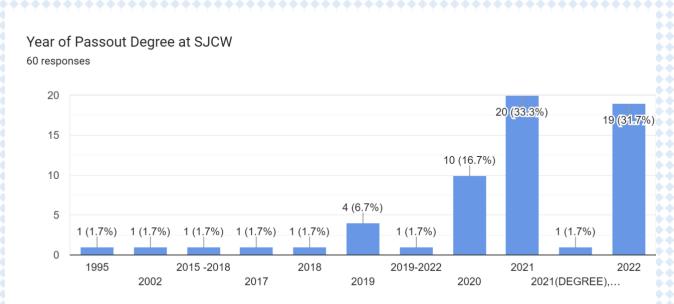
Alekya. V, a resource person, discussed the biography of Steve Jobs and his profound impact on humanity. Jobs, alongside Steve Wozniak, co-founded Apple Inc. in 1976, pioneering the personal computer era and leading Apple to become a global telecommunications leader. Renowned as a visionary and genius, he spearheaded groundbreaking products like the iPod and iPhone. Born in 1955 and raised in Cupertino, California, Jobs' early interests ranged from engineering to Buddhism, which he explored during a trip to India after dropping out of Reed College. He also played a pivotal role in establishing Pixar Animation Studios. Diagnosed with pancreatic cancer in 2003, Jobs underwent significant medical procedures, including a Whipple operation and a liver transplant in 2009. Stepping down as CEO of Apple in 2011, he passed away at the age of 56, leaving behind a lasting legacy.

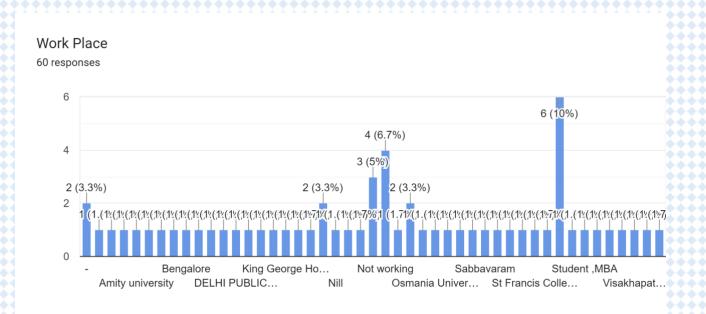


Engaged Alumni Offering Valuable Feedback



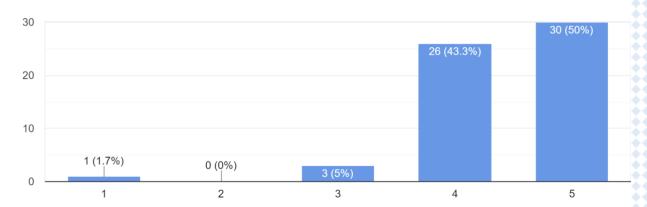
St. Joseph's College For Women (A) Visakhapatnam NAAC Reaccredited & ISO 9001:2015 & 14001:2015 Certified Alumni Feedback 2022-2023



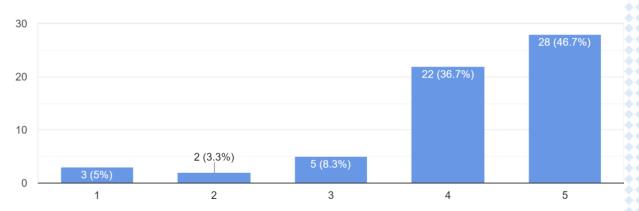


Academic Performance of the College is good

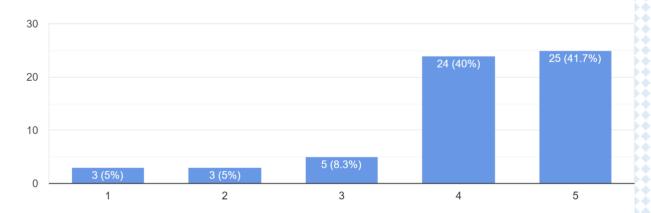
60 responses



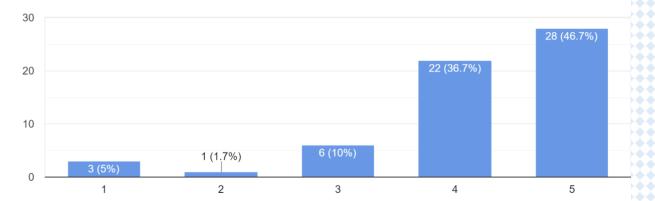
Is the course design applicable to co-relate with real life situations 60 responses



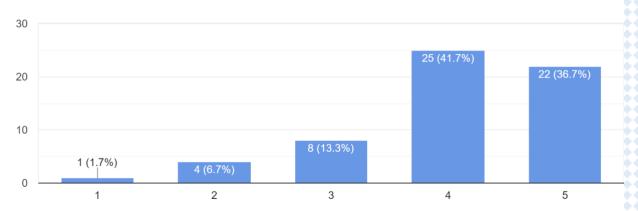
Is the course design helpful to adapt to your Career 60 responses



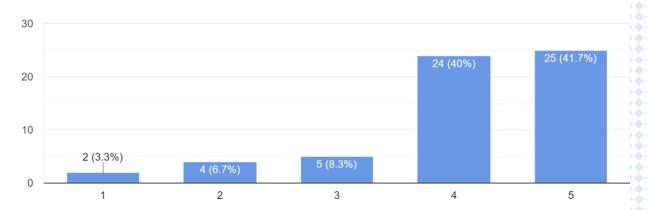
The College has high commitment towards holistic development of students 60 responses



The various career preparedness initiatives of the college result in greater employability $_{60\, responses}$



Is the course structure enabled you to enhance your progression for higher levels 60 responses



Any Suggestions 60 responses 20 16 (26.7%) 15 10 6 (10%) 5 (8.3%) Development the e... No siggestions Nope Learn more. No suggestions. Campus placements I heard CBF course... Nil Provide good bathr...

Alumni Association Initiatives

Meet the Team Executive Members



Dr. P. Mangaveni President



Dr. Y. Lakshmi Prabha Vice President



Dr. Sr. Shyji P.D. Honorary Secretary



Ms. D.A. Ramani General Secretary



Mrs. Usha Gajapathi Joint Secretary



Dr. Bhaskara Sudha Treasurer

EC Members













Inauguration of the ED Cell by the Association



Donation of Solar heater for Hostel block by the Association