



**St. Joseph's College for Women (Autonomous)
Visakhapatnam - 530004**

(NAAC Reaccredited & ISO 9001:2015, 14001:2015 Certified)





St. Joseph's College for Women (A)

Gnanapuram, Visakhapatnam - 530004 (A.P)

(Affiliated to Andhra University)

Reaccredited by NAAC

Phone Nos: 0891-2558346, 9491025137, E.mail:info@stjosephsvizag.com, Web: www.stjosephsvizag.com

Date: 07-02-2020

CIRCULAR

All the HOD's, Staff and students are hereby informed that Women Empowerment cell is going to organize One day workshop on "No suicide among teenagers" on 11-2-20 for Degree students.

In this connection, further it is hereby informed that the candidates those who are interested to participate in the above events are hereby directed to register their names with Women Empowerment cell on or before 10/2/20 forenoon.

T. Bhasker Sulu

IQAC Coordinator
St. Joseph's College for Women
(Autonomous)
VISAKHAPATNAM-530 004

Dr. Shyama
Principal

St. Joseph's College for Women
(Autonomous)
Visakhapatnam

Cc to

The management /HODs/IQAC for information.



Report on "No suicide among teenagers"

Co ordinator: Mrs K.Prameela Rani ,CoOrdinator of Women Empowerment Cell
Assistant professor in English

Venue: T4

Total students-56, Degree I year girls

Date:11.2.2020.

Resource Person:Dr.Manikya Kumari, HoD of Botany,Associate Professor.

Report: Teenage suicide is a critical issue worldwide, yet certain demographic groups, notably degree-seeking young women, display lower rates of suicide compared to other populations. This Guest lecture aims to explore the factors that contribute to this phenomenon and to provide insights into potential preventive strategies.

Synopsis of the Guest Lecture:

Factors Contributing to Low Suicide Rates:

Education and Social Support: The pursuit of higher education often provides a sense of purpose and social integration, which can buffer against suicidal thoughts. Degree-seeking students are engaged in academic and social activities that offer a supportive network.

Access to Resources: Adolescents enrolled in degree programs usually have access to counseling services, mental health resources, and supportive environments within educational institutions. These resources can facilitate early intervention and support for mental health issues.

Resilience and Coping Skills: Higher education can foster resilience and improve coping mechanisms. Students are often equipped with problem-solving skills, stress management techniques, and emotional regulation strategies.

Positive Peer Influence: Degree programs offer opportunities for positive peer interactions and friendships, which can enhance emotional well-being and reduce feelings of isolation or hopelessness.

Parental and Family Support: Teenagers pursuing degrees often benefit from supportive family environments that prioritize education and emotional well-being.

Preventive Strategies and Recommendations:

Despite the lower incidence of suicide among degree-seeking teenage girls, preventive strategies remain crucial. Here are recommendations:

Mental Health Awareness Programs: Educational institutions should prioritize mental health awareness and provide comprehensive counseling services to students.

Strengthening Support Networks: Enhance peer support programs and create avenues for open discussions on mental health issues.

Parental Involvement: Encourage parental involvement in students' educational journeys and emphasize the importance of emotional support.

Early Intervention: Implement early detection and intervention programs to identify at-risk individuals and provide timely support.

Resolutions Proposed:

Enhanced Mental Health Education: Implement comprehensive mental health education programs in schools to raise awareness, reduce stigma, and promote early intervention.

Accessible Support Services: Ensure accessible and confidential mental health support services within educational institutions and communities to facilitate timely intervention.

Youth Engagement Programs: Develop youth engagement programs that promote positive coping skills, resilience, and peer support.

Parental Education and Involvement: Provide resources and workshops for parents to recognize signs of distress in their children and foster open communication about mental health.

Conclusion:

S.No	R No	Name	Group	Signature
1	21A1151	ANJUM SONY SYED MOHAMMAD SHAGUFTHA	EPJM	Anjum
2	21A1152	ARPIA SINGH	EPJM	Arpia Singh
3	21A1153	DAISY VANDANA HORO	EPJM	Daisy
4	21A1154	DURGA BHAVANI MANTHINI	EPJM	Durga
5	21A1155	GAYATHRI EPILU	EPJM	Gayathri
6	21A1156	HIMDLY REBECCA PALAPARTHY	EPJM	Himdly
7	21A1157	ISHA BISWAS	EPJM	Isha
8	21A1158	ISHITA	EPJM	Ishta
9	21A1159	JAYSHREE M S	EPJM	Jayshree
10	21A1160	KRISHNA BHARATHI CHINTA	EPJM	Krishna
11	21A1161	LIPSA ARKALA	EPJM	Lipsa
12	21A1162	MANASA ATAVA	EPJM	Manasa
13	21A1163	MEGHANA DONKANA	EPJM	Meghana
14	21A1164	MERCY SUHITHA RAJ PITTA	EPJM	Mercy
15	21A1165	NEEHARIKA GEDALA	EPJM	Neeharika
16	21A1166	PHANI TEJASWI PILLA	EPJM	Phani
17	21A1167	PRIVA INDIRA DEVI V SOMAYAJULA	EPJM	Priva
18	21A1168	SAI NANDITA TEJASWINI PESAPATI	EPJM	Sai
19	21A1169	SHAIK NAZIYA	EPJM	Shaiik
20	21A1170	SNEHA A	EPJM	Sneha
21	21A1171	SUVARNA PILLI	EPJM	Suvarna
22	21A1172	TUSHIKA VISHNU LALCHAND	EPJM	Tushika
23	21A1173	VAISHNAVI MURTINTY	EPJM	Vaishnavi
24	21A1174	VAISHNAVI ROBBIA	EPJM	Vaishnavi
25	21A1175	VARSHITHA PETA	EPJM	Varshitha
26	21A1176	NHARIKA URITI	EPJM	Nharika
27	21A1177	ROHINI VIYAPU	EPJM	Rohini
28	21A1178	SAI PRIYANKA GUDA	EPJM	Sai

Participants List:

S.No	R No	Name	Group	Signature
1	21A1202	ANANYA SAHITHI R	EEP	Ananya
2	21A1204	APARNA KUMARI	EEP	Aparna
3	21A1205	DEVI KODA	EEP	K. Devi
4	21A1206	FEEBA KOTIPALLI	EEP	Feeba
5	21A1207	JYOTHI KASIMKOTA	EEP	Jyothi
6	21A1208	KEDHASRI KORRAYI	EEP	Kedhasri
7	21A1209	KHUSHBU YADAV	EEP	Khushbu
8	21A1210	NEHA ROY	EEP	Neha
9	21A1211	RESHMA SUHANA	EEP	Reshma
10	21A1212	SABIRA ANJUM SHAIK	EEP	Sabira
11	21A1213	SANDHYA GURUNG	EEP	Sandhya
12	21A1214	SANDHYA RANI NAKKA	EEP	Sandhya
13	21A1215	SHEKHA PRASAD	EEP	Shekha
14	21A1216	SOWJANYA YENDAPALLI	EEP	Sowjanya
15	21A1217	SRAVANI SURISETTI	EEP	Sravani
16	21A1218	SUKHMAN KAUR BARYAR	EEP	Sukhman
17	21A1219	SWARUPA RANI KANITHI	EEP	Swarupa
18	21A1220	TANUJA REDDY KAKI	EEP	Tanuja
19	21A1221	USHMANEETA RAPAKA	EEP	Ushmaneeta
20	21A1222	VASANTHA MAILIPILLI	EEP	Vasantha
21	21A1223	VEERA VENKATA VENU MAHESWARI NATTE	EEP	Veera
22	21A1224	VENKATA CHINMAYI BHAVARAJU	EEP	Venkata
23	21A1225	VENKATA KAMESWARI SRIPADA	EEP	Venkata
24	21A1226	YAMINI MEDISETTI	EEP	Yamini
25	21A1228	KAUSHALYA MUDASALA	EEP	Kaushalya
26	21A1229	CHANDRAVATHI VATSAVAYI	EEP	Chand
27	21A1230	SOPHIA SANJEEVINI ALUGU	EEP	Sophia
28	21A1231	BHAVANI JEERU	EEP	Bhavani



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Date: 10.2.2023

CIRCULAR

This is to inform all Heads, Staff, and Students that the Women Empowerment Cell will be conducting an elocution competition on the topic of "Cyber Security" on 16th February, 2023, specifically for Degree students.

The competition aims to raise awareness and understanding of cyber security issues among our student community. It provides a platform for participants to express their thoughts, ideas, and insights on this important subject matter.

The following event will be conducted as part of the competition:

1. Elocution Competition

Interested students are requested to register their names with Mrs. K. Prameela Rani, Assistant Professor, Department of English, on or before 12th February, 2023.

We encourage all interested students to participate actively in this event and contribute to the promotion of cyber security awareness on our campus.

Thank you for your attention.

T. Bhasker Sulu

IQAC Coordinator
St. Joseph's College for Women
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VISAKHAPATNAM-530 004

Sa. Shyji
Principal

St. Joseph's College for Women
(Autonomous)
VISAKHAPATNAM - 530 004

C.C to

The Management/HODs/IQAC for information

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ST.JOSEPH'S COLLEGE FOR WOMEN (A) VISAKHAPATNAM

INTERNAL QUALITY ASSURANCE CELL

ACTIVITY REPORT

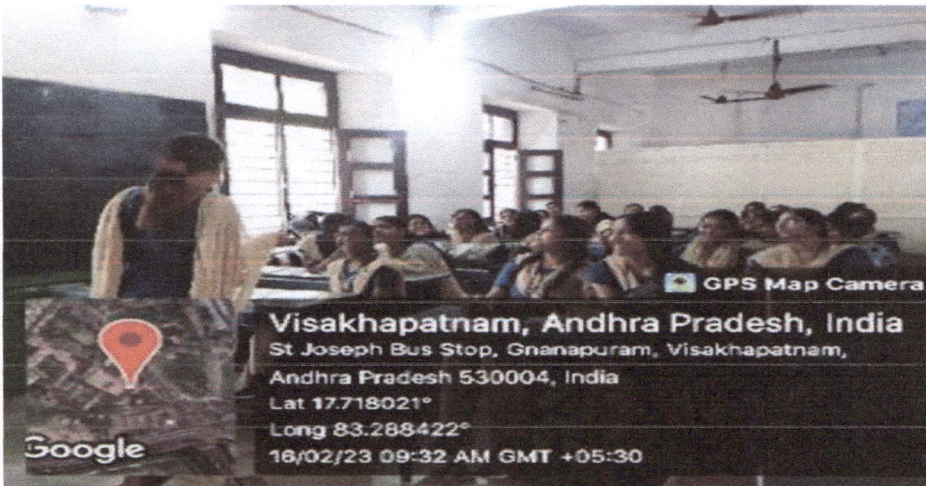
Department: Women empowerment cell	Date : 18.02.2023
No. of participants: 15	Activity: Elocution competition
Participants: U.G students	Room: H

REPORT

On Tuesday, February 16, 2023, the Women Empowerment Cell organized an engaging elocution contest centered around the crucial theme of cyber security awareness among women. The event witnessed enthusiastic participation from students who actively contributed to an enlightening discussion, sharing personal experiences that underscored the significance of speaking up for oneself in today's digital landscape.

Throughout the contest, participants delved into various aspects of cyber security, highlighting prevalent challenges and discussing effective remedies and solutions. The exchange of ideas and insights served as a valuable learning opportunity, empowering attendees with knowledge and strategies to navigate the complexities of online safety and security.

The Women Empowerment Cell extends its gratitude to all participants for their active involvement and contributions, reaffirming the commitment to promoting empowerment and safety in all spheres of life.



Jc Pramula

S. NO	NAME OF THE STUDENT	SIGN OF THE STUDENT
	V. Rohini	Rohini . v
	M. Ramalaxmi	Ramulaxmi
	K. Gowthami	gowthami . k
	B. Joshika	<u>Joshika</u>
	N. Anitha	<u>Anitha</u>
	K. Bindhu	K. Bindu
	L. veni	<u>Veni</u>
	S. latha	<u>Latha</u>
	P. Neelima	<u>Neelima</u>
	J. pallavi	<u>Pallavi</u>
	V. Jyothi	<u>Jyothi</u>
	K. Kasthuri	<u>Kasthuri</u>
	J. Hyma	Hyma
	C.h. charani	<u>Charani</u>
	Y. poornima	Y. Purnima
	A. kayathi	<u>Kayathi</u>



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Date: 04.10.2022

CIRCULAR

Women Empowerment Cell is organizing a guest lecture on the occasion of "International Girls Child Day" on October 10th, 2022. The lecture will be delivered by Sri K.K.K. Bulli Krishna, Senior Civil Judge, and is specifically tailored for our esteemed Degree students.

The objective of this event is to celebrate the potential and achievements of girls worldwide, and to inspire and empower our students through valuable insights shared by Sri K.K.K. Bulli Krishna. His vast experience and expertise will undoubtedly provide our students with perspectives that are both enlightening and enriching.

This is a valuable opportunity for our students to gain knowledge and inspiration that can positively impact their personal and academic journeys.

Let us come together to celebrate the spirit of girlhood and to support the cause of women empowerment.

Thank you for your attention and cooperation.

Warm regards,

T. Bhaskar Sulli

IQAC Coordinator
St. Joseph's College for Women
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VISA KHAPATNAM-530004

S. S. S. S.
Principal

St. Joseph's College for Women
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VISA KHAPATNAM - 530 004

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The Management/HODs/IQAC for information

ST.JOSEPH'S COLLEGE FOR WOMEN (A) VISAKHAPATNAM
INTERNAL QUALITY ASSURANCE CELL
ACTIVITY REPORT

Department: <i>N.E.C</i>	Date : 05.03.2023
No. of participants: 58	Activity: Guest lecture
Participants: U.G students	Venue: college campus

The distinguished speaker, Sri K.K.K. Bulli Krishna, Senior Civil Judge, delivered a captivating lecture covering a wide array of topics including LokAdalat and the legal services available to safeguard women's rights. The ~~Academic~~ Council orchestrated a highly engaging session, fostering interaction and dialogue among attendees. Students actively participated, seeking clarification on various aspects and gaining a deeper understanding of their rights. The Academic Council organized an intriguing lecture, it was quite an interactive session, students cleared their doubts and understood about the various rights. rewrite



K Prameela

NAME OF THE STUDENT	SIGN. OF THE STUDENT
P. Vasantha	Vasantha
T. Neeraja	Neeraja
S. Pavani	Pavani
S. Pooja	Pooja
A. Ganga	Ganga
P. Vanaja	P. Vanaja
L. Sandhya	Sandhya
K. Laxmi	Laxmi
M. Lavanya	M. Lavanya
S. Sailaja	Sailaja
K. Hema	Hema
T. Prasana	Prasana
R. Geetha	Geetha
C. Sindhu	C. Sindhu
CH. Divya	Divya
Y. Pravali	Pravali
P. Sravani	Sravani
T. Meghana	Meghana
A. Latha	A. Latha
C. Monitha	Monitha
CH. Vineela	Vineela
V. Dhana	Dhana
S. Sneha	Sneha
P. Komali	P. Komali
A. Monica	Monica

NAME OF THE STUDENT

SIGN. OF THE STUDENT

M. Meghana

Meghana

C. Sravani

C. Sravani

Y. Akhila

Y. Akhila.

S. Sravani

S. Sravani

D. Varshitha

Varshitha

D. Yamini

~~Yamini~~

K. Bhavani

~~Bhavani~~

C. Lavanya

Lavanya.

Y. Sai Laxmi

~~Sai Laxmi~~

K. Bhavya

K. Bhavya

P. Hema

~~Hema~~

M. Ananya

~~Ananya~~

M. Rajeswari

~~Rajeswari~~

C. Ganga

Ganga

A. Devi

Devi

A. Pranathi

Pranathi

P. Swathi

Swathi

K. Chandhini

~~Chandhini~~

M. Nishitha

Nishitha

C. Jhanani

C. Jhanani

P. Sindhu

Sindhu

A. Gayatri

A. Gayatri

B. Vasantha

Vasantha

C. Geetha

Geetha.

B. Prashanthi

~~Prashanthi~~



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Date:28-07-2019

CIRCULAR

All the HOD's, Staff and students are hereby informed that Department of Home Science is willing to organize an One Day Workshop on "Maternal and Child Nutrition-Making Dietary Recommendations – Implications & Evidences" Dr. Shilpa Nandana on 1/8/2019.

In this connection, further it is hereby informed that the candidates those who are interested to participate in the above events are hereby directed to register their names with Mrs. N. Nivya, Assistant Professor, Department of Home Science on or before 31/7/2019.

Time : 9.00 AM to 4.00 PM

Venue : T4

T. Bhusha Endre

IQAC Coordinator
St. Joseph's College for Women
(Autonomous)
VISAKHAPATNAM-530 004

Sr. Shyji
Principal

St. Joseph's College for Women
(Autonomous)
Visakhapatnam

Cc to

The management / HODs/ IQAC for information.

Department of Home Science 2019 -2020

Name of the Activity – World Breast feeding awareness week

No. of participants – 130



World Breast Feeding Awareness Week was observed by the department of Home Science on Aug 1- 7, 2019. A workshop was organized on – "Maternal and child nutrition – Making Dietary Recommendations – Implications & Evidences" to the students of Home Science, resource person for the workshop is Dr. Shlipa Nandana. All the students of UG Home Science have conducted an awareness rally on importance of breast feeding and a flash mob in the main college of SJC. The students of PG Home Science gave an extension lecture on importance of breast feeding and demonstration of low cost nutritious recipes for lactating women in Sebastian colony, Gnanapuram.

^{sr}
1-7 Aug - 2019

Lakshmi Prabha.Y

S.No	Name of the Students	Signature of the Student.
1.	A. Anitha	Anitha
2.	Ch. Anusha	Anusha
3.	H. Bhagya	H. Bhagya
4.	G. Devana Lagina	Devana T.
5.	K. Divya Sri	Divya Sri
6.	E. Meher Chandana	E. Chandana
7.	K. Gireeshma	Gireeshma
8.	V. Jenny	Jenny
9.	H. Kavya	Kavya
10.	K. Sujana	Sujana
11.	B. Manjula	Manjula
12.	D. Bhashini	Bhashini
13.	V. Manjula	V. Manjula
14.	Ch. Mary	Mary
15.	D. Meenakshi	D. Meenakshi
16.	V. Mohini	Mohini
17.	B. Mouni	B. Mouni
18.	V. Prameela	Prameela

44. C. Naina Kumari

45. V. Varshini

46. D. Prasanti

47. P. Varsha

48. B. Bhavani

49. B. Swetha

50. V. Sravani

51. K. Kalyani

52. A. Ranjya

53. S. Sri Latha

54. H. Geetha

55. K. Ruchitha

56. M. Sudeepa

57. V. Sharmila

58. K. Santhoshini

59. P. Hemalatha

60. D. Vasavi

61. P. Anju

62. D. Sindhu

63. V. Deepika

C. Naina

Varshini

Prasanthi

Varsha.

Bhavani

Swetha

Sravani

Kalyani

Ranjya

Sri Latha

Geetha

Ruchitha

Sudeepa.

Sharmila

~~Santhoshini~~

~~Hemalatha~~

Vasavi

Anju

Sindhu

Deepa.

85. N. Dhanusha
 86. V. Swapan
 87. R. Reno Prasadkula
 88. K. Nandana
 89. J. hari ka
 90. V. kinthi
 91. D. Soniya
 92. H. Shivani
 93. M. deepika
 94. L. Hymavathi
 95. D. Ramya
 96. V. Anuradha
 97. M. Padmavathi
 98. G. Gayatri
 99. D. Rasagha
 100. N. Santhoshi
 101. A. Reshma
 102. D. Komali Chaudhary
 103. P. Vanshita
 104. L. Bhavani

- Dhanusha
 Swapan
 Reno prasadkula
 Nandana
 Harike.
 kinthi
 soniy
 Shivani
 Deepika
 Hyma.
 Ramya
 Anu
 padma
 Gayatri
 Rasagha.
 Santhoshi
 Reshma
 Komali
 Vanshita
 Bhavani

126. G. Chandini

Chandini

127. S. Manjula

Manjula

128. R. Divya

Divya

129. J. Meghana

Meghana

130. D. Chethana

Chethana

131. B. Lavanya

Lavanya



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Date: 07.07.2018

CIRCULAR

Dear Heads of Departments, Staff, and Students. We are pleased to inform you that the Department of Political Science is organizing an elocution competition focusing on the 'Importance of Gender Equality in Population Dynamics,' scheduled for the **11th of July, 2018** to commemorate World population Day

In this regard, we kindly request all interested participants to register their names with Mrs. N. Nivya, Assistant professor in the Department of Home Science, on or before **9th of July, 2018**.

Your active participation and support in this endeavour would be greatly appreciated.

Venue: G2

Time : 2.00 to 4.00 PM

T. Bhushu sulu

IQAC Coordinator
St. Joseph's College for Women
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VISAKHAPATNAM-530 004

Sa. Bhagji
Principal

St. Joseph's College for Women
(Autonomous)
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Cc to

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St. Joseph's College for Women (A)

Department of political science

Elocution competition on Gender Equality in Population Dynamics

World Population Day – July 11th 2018

Over 12 Students from all departments participated and showcased their eloquence in an elocution competition, presenting profound discussions on Gender Equality in Population Dynamics. Their talks delved into crucial realms including Social Stability, Education, Empowerment, Decision Making, Economic Development, Health and Well-being, and Fertility Rates, all aimed at fostering gender equality within population dynamics.



A. Raveel
Coordinator

S.No.	Name of the student	Signature of the student.
1.	K. Swapna Preethi.	<u>Swapna Preethi.</u>
2.	R. Anvha	Anvha
3.	V. Shravya	Shravya
4.	P. Roshni.	Roshni
5.	L. Hema.	Hema
6.	D. Keerthi	Keerthi
7.	S. Lavanya	Lavanya.
8.	M. Kavya	Kavya.
9.	V. Rama	Rama
10.	K. Priya	<u>Priya.</u>
11.	A. Shruthi	<u>Shruthi</u>
12.	R. Pavani	<u>Pavani.</u>
13.	B. Chaitra	<u>Chaitra</u>
14.	Aneesha	<u>Aneesha</u>
15.	D. Bhavya	<u>Bhavya</u>
16.	Smrithi	<u>Smrithi</u>
17.	Laya	Laya