

**Learning objectives:**

- Scientific knowledge about child-development, and Developmental tasks at various stages of child development.
- The childhood problems, special needs of challenged children and their management.
- Understand the stages of pregnancy and birth process.
- Use basic principles for assessment of various developments during childhood.
- About parenting styles adopted by parents and impact of different parenting styles on child's behaviour.

**Learning Outcomes:**

- The developmental milestones and can identify developmental delays.
- Observation of neonatal characteristics by visiting a maternity hospital.
- Familiarise with childhood disabilities by visiting local centres for special children.
- Assessment of different developments like physical, social and cognitive development of children belonging to different age groups.
- Learn the method of assessment of behaviour problems among children using a check list.

**THEORY**

**UNIT - I: INTRODUCTION TO GROWTH AND DEVELOPMENT**

- Understanding the terms Child, Growth, Development, Child Development, Human Development, and Developmental tasks.
- Principles of Child Development and Factors influencing growth and Development of Children.
- Determinants of Development - Heredity Vs Environment - Maturation Vs Learning
- Stages of Development across life span

**UNIT – II: PRE-NATAL AND EARLY YEARS OF DEVELOPMENT**

- Stages of Pre-natal development - Physical and Psychological care during pregnancy- - Complications during pregnancy.
- Stages of birth and Types of Birth
- Infancy – Characteristics -Physical proportions, Physiological functions, Motor activities.
- Babyhood – Developmental Tasks and Characteristics, Physical-motor development, Cognitive development – Piaget's Sensory motor stage, Language, Socio-emotional development.

**UNIT – III: DEVELOPMENT DURING EARLY CHILDHOOD**

- Early Childhood Period –Characteristics -Physical, Emotional, Social and Cognitive development - Piaget's Pre-operational stage. Importance of play and types of play. Social stages in play.

**UNIT – IV: DEVELOPMENT DURING LATE CHILDHOOD**

- Late Childhood Period – Characteristics, Physical, Emotional, Social and Cognitive development- Piaget's Concrete-operational stage.

**UNIT – V: CHILD REARING PRACTICES AND BEHAVIOR PROBLEMS AMONG CHILDREN**

- Parenting Styles –Authoritarian, Authoritative and Permissive styles, Influence of child rearing practices on child's Behavior.

- Behavioral Problems – Definition, Common Behaviour problems - Thumb sucking, enuresis, temper tantrums, destructiveness - Early identification and Referral. Juvenile delinquency – Definition and Causative factors

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