St.JOSEPH'S COLLEGE FOR WOMEN (AUTONOMOUS), VISAKHAPATNAM

IV SEMESTER
BCH 4853 (2)
W.e.f. 2021-2022 (20AH)

BIOCHEMISTRY

Nutritional and Clinical Biochemistry

PRACTICALS

TIME:2Hrs/Week

Max.Marks:50

OBJECTIVES: To enable the students to-

- Learn to identify critical biomolecules and assay them in physiological fluids
- Estimate minerals in serum and fruit juices
- Quantify Hemoglobin the important variable for anemia
- Get acquainted with estimation of variables in urine
- Explore the Immunoassays

Course Outcomes- The students will be able to

CO1: Understand how the biomolecules are utilized in the body

CO2: Estimate citric acid content in fruits

CO3: Analyze the biological fluids for diseased states

CO4: Establish similarities between antigens

CO5: Estimate the variables like glucose and cholesterol in blood

List of Experiments:

- 1. Estimation of calcium by titrimetry
- 2. Estimation of iron by Wong's method.
- 3. Estimation of vitamin C by 2, 6 -dichlorophenol indophenol method.
- 4. Determination of iodine value of an oil.
- 5. Estimation of hemoglobin in blood.
- 6. Visualization of antigen antibody reactions (Ouchterlony technique).
- 7. Urine analysis for albumin, sugars and ketone bodies.
- 8. Estimation of urinary creatinine.
- 9. Estimation of blood Glucose.
- 10. Estimation of serum total cholesterol.

Recommended books:

- 1. Essentials of Food and Nutrition, Vol. I & II, M.S. Swaminathan.
- 2. Text Book of Biochemistry with clinical correlations. Thomas M. Devlin (John Wily).
- 3. Harper's Review of Biochemistry, Murray et al (Longman).
- 4. Biochemical aspects of human disease R.S. Elkeles and A.S. Tavil. (Blackwell Scientific Publications).
- 5. Clinical chemistry in diagnosis and treatment–Joan F.Zilva and P.R.Pannall (Lloyd-Luke Medical Books, 1988).
- 6. Varley's Practical clinical Biochemistry Ed. Alan W. Gowenlock (Heinemann Medical Books, London, 1988).
- 7. Clinical diagnosis and management by Lab methods (John Bernard Henry, W.B. Salunders Company, 1984).
- 8. Clinical Biochemistry S.Ramakrishnan and Rajiswami.
- 9. Chemical Biochemistry (Metabolic and clinical aspects) by W.J.Marshall & S.K.Bangert.
- 10. Text book of clinical Biochemistry by Tietz et al.